

**FREE
TRAINING**



**Prepare for a
High Demand
Career**

CAREGIVER TRAINING COURSE

October 6 - December 17, 2020

Tuesday and Thursday from 12:00 pm - 3:00 pm

What you will learn?

- Roles and responsibilities of a caregiver
- Personal Care (bed, bath, dressing, grooming)
- Mental health (symptoms and resources)
- Body Mechanics (safety and transfer of patients)
- Hospice Care (Four levels of hospice care)
- Nutrition basics (food safety, diabetes care)
- First Aid and CPR certification included

Designed for English Language Learners at the Intermediate Level and above. Onsite skills lab practice available by appointment with approved CNA nurse instructor.

Students successfully completing the program will receive a certificate of completion from Oxnard Adult School. Guest speakers and a Job Fair with potential employers also included in the course program.

**Instructors: Julie Shaw, ESL, EL Civics Instructor and
Jacqueline Garcia-Thorpe, RN, MSN, PHN BC, CNA Instructor**

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